

科目名	Universal Health Coverage & Aging Society	code number : HPM-BIZ 421	選択	1 単位
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科目責任者	井上まり子 准教授						
配当年次	1・2年次	配当学期	夏期	曜日・時限	5日間	授業方法	講義・演習

### 1. 授業の概要 Course Overview

Universal Health Coverage (UHC) is an important element of the global health agenda in ensuring that all people obtain necessary health services without financial hardship. Moreover, ageing of the population is a continuing problem around the world regardless of the each individual country's level of development. This means that UHC must be achieved in a world facing both demographic and epidemiological transitions. With regard to discussions on UHC in ageing societies, a simple focus on the elderly population is insufficient. We need a grand social design to promote the reforms necessary to overcome changes related to the ageing population. A wide range of public health skills and knowledge is required to support a cross-spectral approach to achieving UHC through a better understanding of good practices.

The purpose of this course is to provide students with an understanding of the global health agenda in terms of Universal Health Coverage, particularly in an ageing society. Japan is one of the countries experiencing a rapid growth in the elderly population. Through a combination of in-class lectures, discussions, and site visits, we would like to use the situation in Japan as a case study of how UHC can be achieved in an ageing society.

### 2. 授業の到達目標 Objective of the course

This course is designed to meet the following GIOs and SBOs.

General Instructive Objectives (GIOs)

- (1) To understand the current state of UHC and population ageing in Japan and around the world
- (2) To identify the stakeholders and their role in achieving UHC
- (3) To develop effective strategies for achieving UHC in an ageing society

Specific Behavioral Objectives (SBOs): Participants can

- (1) Describe the background and trends to setting the global agenda on UHC
- (2) Understand the statistical data related to demographic and epidemiological transitions.
- (3) Define and provide an overview of UHC in Japan and around the world.
- (4) Perform stakeholder analysis and explain each stakeholder's role in achieving UHC, particularly in a local setting.
- (5) Understand the policies and projects related to UHC in Japan from multiple perspectives, such as the health insurance system, health human resources, health financing, regulation, social welfare, community development, and other relevant areas.
- (6) Develop effective alternative strategies for achieving UHC in an ageing society in their own region or countries.

### 3. 成績評価の方法および基準 Evaluation

In-class discussion 50%, Final report/presentation 50%

### 4. 教科書・テキスト Textbook

Sakamoto H, et al. Japan Health System Review. Vol. 8 No. 1. New Delhi: World Health Organization, Regional Office for South-East Asia, 2018.

[http://www.searo.who.int/entity/asia\\_pacific\\_observatory/publications/hits/hit\\_japan/en/](http://www.searo.who.int/entity/asia_pacific_observatory/publications/hits/hit_japan/en/)  
Executive summary, Chapter 1-5

World Bank. Universal health coverage for inclusive and sustainable development: lessons from Japan

<http://documents.worldbank.org/curated/en/263851468062350384/Universal-health-coverage-for-inclusive-and-sustainable-development-lessons-from-Japan>  
Overview and Chapter 1.

Lancet Japan series 2011 <http://www.thelancet.com/series/japan>

Ikegami N, et al. Japanese universal health coverage: evolution, achievements, and challenges. Lancet 2011; 378: 1106-1115.

Ikeda N, et al. What has made the population of Japan healthy? Lancet 2011; 378: 1094-1105.

Shibuya K, et al. Future of Japan's system of good health at low cost with equity: beyond universal coverage. Lancet 2011; 378: 1265-1273.

### 5. 参考書 Recommended readings

(1) World Health Organization. World Health Report 2010: Health system financing: the path to universal coverage

(2) World Health Organization. *World report on ageing and health*. Geneva: WHO; 2015

(3) WHO/World Bank Joint report. Tracking universal health coverage: 2017 global monitoring report. and more will be announced.

### 4. 教科書・テキスト Textbook

Reading materials will be announced for registered participants in April.

### 5. 参考書 Recommended readings

(1) World Health Organization. World Health Report 2010: Health system financing: the path to universal coverage

(2) World Health Organization. *World report on ageing and health*. Geneva: WHO; 2015

(3) WHO/World Bank Joint report. Tracking universal health coverage: 2017 global monitoring report.

<b>6. 事前事後学修の内容およびそれに必要な時間 Expected time to accomplish homework assignments</b>
<ul style="list-style-type: none"> <li>•Prepare to explain the overview of health system in your country</li> <li>•15 hours preparation will be necessary for all the sessions.</li> </ul>
<b>7. その他履修上の注意事項 Others</b>
<ul style="list-style-type: none"> <li>•Understand the relation between this class and overall curriculum policy.</li> <li>•Extra group work will be assigned to complete the course.</li> <li>•<u>The final schedule including a social event will be announced in April.</u></li> </ul>

## &lt;授業計画&gt;

## Universal Health Coverage &amp; Aging Society

回数	日付	時限	担当者	授業内容
1	7/7(火)	1	Mariko Inoue Associate Professor	Introduction Lecture 1. Universal Health Coverage (UHC) and ageing as a global agenda
2	7/7(火)	2	Kenzo Takahashi Professor	Lecture 2. Japanese Health System (1) Historical perspective of UHC in Japan The role of community and maternal and child health
3	7/7(火)	3	Mariko Inoue Associate Professor	Lecture 3. Japanese Health System (2) Japanese public health system and community development
4	7/8(水)	1	Mariko Inoue Associate Professor	Lecture 4. Japanese Health System (3) National Health Insurance System
5	7/8(水)	2	Mariko Inoue Associate Professor	Lecture 5. Japanese Health System (4) Long term care insurance and community-based integrated care system, Dementia
6	7/9(木)	1	Mariko Inoue Associate Professor	Field visit I. Long-term care facilities and Community-based Integrated Care System Model
7	7/9(木)	2	Mariko Inoue Associate Professor	
8	7/9(木)	3	Sayaka Horiuchi Adj Lecturer/ Mariko Inoue Associate Professor	Lecture 6. Monitoring UHC achievements in Japan
9	7/9(木)	4	Mariko Inoue Associate Professor	Group work
10	7/10(金)	1	Mariko Inoue Associate Professor	Field visit II. Public health activities in Japan to reach the community
11	7/10(金)	2	Mariko Inoue Associate Professor	
12	7/11(土)	1	Mariko Inoue Associate Professor	Final presentation and wrap up
13	7/11(土)	2	Mariko Inoue Associate Professor	