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| 科目名 | Seminar on Universal Health Coverage & Aging Society code number : HPM 421 | 選択 | 1 単位 |
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| 科目責任者 | 井上まり子 准教授 | | | | | | |
| 配当年次 | 1・2年次 | 配当学期 | 夏期 | 曜日・時限 | 5日間 | 授業方法 | 講義・演習 |

1. 授業の概要 Course Overview

Universal Health Coverage (UHC) is an important element of the global health agenda in ensuring that all people obtain necessary health services without financial hardship. Moreover, ageing of the population is a continuing problem around the world regardless of the each individual country's level of development. This means that UHC must be achieved in a world facing both demographic and epidemiological transitions. With regard to discussions on UHC in ageing societies, a simple focus on the elderly population is insufficient. We need a grand social design to promote the reforms necessary to overcome changes related to the ageing population. A wide range of public health skills and knowledge is required to support a cross-spectral approach to achieving UHC through a better understanding of good practices.

The purpose of this course is to provide students with an understanding of the global health agenda in terms of Universal Health Coverage, particularly in an ageing society. Japan is one of the countries experiencing a rapid growth in the elderly population. Through a combination of in-class lectures, discussions, and site visits, we would like to use the situation in Japan as a case study of how UHC can be achieved in an ageing society.

2. 授業の到達目標 Objective of the course

This course is designed to meet the following GIOs and SBOs.

General Instructive Objectives (GIOs)

- (1) Understand the current state of UHC and population ageing in Japan and around the world
- (2) Identify the stakeholders and their role in achieving UHC
- (3) Suggest effective strategies for achieving UHC in an ageing society

Specific Behavioral Objectives (SBOs): Participants can

- (1) Describe the background and trends to setting the global agenda on UHC
- (2) Understand the statistical data related to demographic and epidemiological transitions.
- (3) Define and provide an overview of UHC in Japan and around the world.
- (4) Perform stakeholder analysis and explain each stakeholder's role in achieving UHC, particularly in a local setting.
- (5) Understand the policies and projects related to UHC in Japan from multiple perspectives, such as the health insurance system, health human resources, health financing, regulation, social welfare, community development, and other relevant areas.
- (6) Plan effective alternative strategies for achieving UHC in an ageing society in their own region or countries.

3. 成績評価の方法および基準 Evaluation

In-class discussion 50%, Final presentation 50%

4. 教科書・テキスト Textbook

Lancet Japan series 2011 <http://www.thelancet.com/series/japan>

Ikegami N, et al. Japanese universal health coverage: evolution, achievements, and challenges. Lancet 2011; 378: 1106-1115.

Ikeda N, et al. What has made the population of Japan healthy? Lancet 2011; 378: 1094-1105.

Shibuya K, et al. Future of Japan's system of good health at low cost with equity: beyond universal coverage. Lancet 2011; 378: 1265-1273.

Sakamoto H, et al. Japan Health System Review. Vol. 8 No. 1. New Delhi: World Health Organization, Regional Office for South-East Asia, 2018.

http://www.searo.who.int/entity/asia_pacific_observatory/publications/hits/hit_japan/en/

Executive summary, Chapter 1-5

World Bank. Universal health coverage for inclusive and sustainable development: lessons from Japan

<http://documents.worldbank.org/curated/en/263851468062350384/Universal-health-coverage-for-inclusive-and-sustainable-development-lessons-from-Japan>

Overview and Chapter 1.

5. 参考書 Recommended readings

- (1) World Health Organization. World Health Report 2010 Health system financing: the path to universal coverage
- (2) World Health Organization. World report on ageing and health. Geneva: WHO; 2015
- (3) WHO/World Bank Joint report. Tracking universal health coverage: 2017 global monitoring report.

6. 事前事後学修の内容およびそれに必要な時間 Expected time to accomplish homework assignments

- Prepare to explain the overview of health system in your country
- 15 hours preparation will be necessary for all the sessions.

7. その他履修上の注意事項 Others

- Understand the relation between this class and overall curriculum policy.
- Extra group work will be assigned to complete the course.
- The final schedule including a social event will be announced in May.

<授業計画>

Seminar on Universal Health Coverage & Aging Society

| 回数 | 日付 | 時限 | 担当者 | 授業内容 |
|----|---------|----|---|--|
| 1 | 7/6(火) | 1 | Mariko Inoue Associate Professor | Introduction Lecture 1. Universal Health Coverage (UHC) and ageing as a global agenda |
| 2 | 7/6(火) | 2 | Mariko Inoue Associate Professor | Lecture 2. Japanese Health System (1) Japanese Public Health System and Policy (2) National Health Insurance |
| 3 | 7/6(火) | 3 | Kenzo Takahashi Professor | Lecture 3. Japanese Health System (3) Historical perspective of UHC in Japan The role of community and maternal and child health |
| 4 | 7/7(水) | 1 | Mariko Inoue Associate Professor | Field visit I. Public health activities in Japan to reach the community |
| 5 | 7/7(水) | 2 | Mariko Inoue Associate Professor | |
| 6 | 7/8(木) | 1 | Mariko Inoue Associate Professor | Lecture 4. Japanese Health System (4) Long term care insurance and community-based integrated care system, Dementia |
| 7 | 7/8(木) | 2 | Mariko Inoue Associate Professor | Field visit I. Long-term care facilities and Community-based Integrated Care System Model |
| 8 | 7/8(木) | 3 | Mariko Inoue Associate Professor | Lecture 5. Vulnerable population |
| 9 | 7/9(金) | 1 | Sayaka Horiuchi Adj Lecturer/ Mariko Inoue Associate Professor | Lecture 6. Monitoring UHC achievements |
| 10 | 7/9(金) | 2 | Sayaka Horiuchi Associate Professor Mariko Inoue | Group work 2. Monitoring UHC achievements in Japan |
| 11 | 7/10(土) | 1 | Mariko Inoue Associate Professor | Final presentation and wrap up |
| 12 | 7/10(土) | 2 | Mariko Inoue Associate Professor | |